

# NIACIN RESOURCES

Articles and links about Vitamin B3- Nicotinic Acid/Flush niacin

Colon, breast, lung, melanoma, glioblastoma, ovarian, bowel, and liver cancers. Parkinson's Disease, TB, diabetes, radiation, inflammation in the body, arthritis, chronic kidney disease, depression, anxiety, schizophrenia, Alzheimer's, dementia, migraines, Traumatic Brain Injury, coronary artery disease, heart attack, thrombocytopenia (blood clots) ...and many more.

## WATCH ON YOUTUBE



The importance of taking B3 with Australian heart specialist, Dr Ross Walker



Niacin Regulates Cholesterol For \$7 a Month, Repairs Arteries



Todd Penberthy: Multiple Sclerosis, Niacin, Psychiatry & More

## BOOKS, CLIPS AND ARTICLES

*It is important to read and follow the suggested guidelines below.*

**Dr Dmitry Kats** : website: [www.hom3ostasis.com](http://www.hom3ostasis.com) (See the [Protocol](#) page) [Studies](#) pages and [Testimonials](#) pages are on Telegram:

**Dr Abram Hoffer- Niacin, The Real Story**: Learn about the Wonderful Healing Properties of Niacin by Abram Hoffer 9781591202752 at Booktopia, Amazon or the Book Depository\_

**Dr Abram Hoffer MD** - [Niacin Regulates Cholesterol](#) For \$7 a Month, Repairs Arteries -YouTube

**Australian cardiologist Dr Ross Walker**: [The importance of taking B3](#) with Australian heart specialist, Dr Ross Walker.\_

**Niacin Cures Systemic NAD+ Deficiency** and Improves Muscle Performance in Adult-Onset Mitochondrial Myopathy: Cell Metabolism

**Todd Penberthy**: [Multiple Sclerosis, Niacin, Psychiatry & More](#) - YouTube

For more articles and information about the treatment for any specific conditions please contact [MPTAP@outlook.com](mailto:MPTAP@outlook.com)

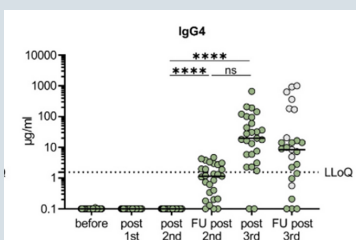
SELF CARE

# NIACIN AND IMMUNITY

## SUMMARY

- IgG4 antibodies have been found to increase after the third injection.
- This response suggests that the body is failing to continue to recognise the attack on body cells. It is starting to **'normalise'** the source of attack, which enables it to keep attacking and degrading organs and cells.
- To counter this problem, the body can increase a substance called NAD+ which addresses problems with IgG4 antibodies elevated in some auto-immune diseases. Nicotinic acid has a history of increasing NAD+ in the body.
- Dmitry Kats has identified **Niacin and Lactoferrin** as an important combination for mitigating autoimmune diseases.

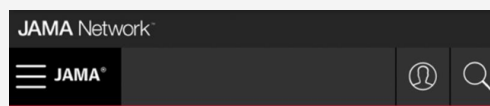
"A paper was published in Science Immunology on December 22, 2022 entitled: "Class switch towards non-inflammatory, spike-specific IgG4 antibodies after repeated SARS-CoV-2 mRNA vaccination"<sup>1</sup> and it explains in wonderful detail how a class of antibody that commands a non-inflammatory response (more like tolerizing) is prominent in people who have been repeatedly injected with the modified mRNA COVID-19 injectable products."  
- Jessica Rose



**Disclaimer:** this guide is for information only it is not medical advice. Please do your own research and check with your trusted health professional.

## NAD AND AUTO IMMUNITY

"This is a universal molecule that can potentially treat not only autoimmune diseases but other acute or chronic conditions such as allergy, chronic obstructive pulmonary disease, sepsis and immunodeficiency," Harvard News and Research [link](#)



December 3, 2014

### How a Natural Molecule May Protect Against Autoimmune Diseases

Tracy Hampton, PhD

JAMA. 2014;312(21):2202. doi:10.1001/jama.2014.16227

Nicotinamide adenine dinucleotide (NAD+)—the coenzyme form of the vitamin niacin and a natural molecule found in all living cells—may help protect against autoimmune diseases by regulating how CD4+ T cells differentiate, researchers report (Tullius SG et al. *Nat Commun.* 2014;5:5101).

A team led by investigators at Brigham and Women's Hospital in Boston were able to show that NAD+ can block and reverse the progression of experimental autoimmune en-

Your paragraph text  
Niacin Cures Systemic NAD+ Deficiency and Improves Muscle Performance in Adult-Onset Mitochondrial Myopathy: Cell Metabolism link [here](#)

The potential of lactoferrin, ovotransferrin and lysozyme as antiviral and immune-modulating agents in COVID-19

Table 1. The overlapping antimicrobial and immunomodulatory effects of lactoferrin, ovotransferrin, and lysozyme.

| Protein     | Form                   | Effect   | Mechanisms   |
|-------------|------------------------|--|--|
| Lactoferrin | Intact and/or peptides | Antiviral <sup>a</sup>                                       | Interaction with virus surface, DNA or cell surfaces required for virus entry and induction of type I interferons                            |
|             | Intact and peptides    | Antibacterial  | Iron sequestration<br>Direct interaction with bacterial surface  |
|             | Intact and peptides    | Antifungal   | Iron sequestration<br>Direct interaction with fungal surface   |
|             | Intact                 | Immune enhancement, immune suppression reversal <sup>b</sup> | Enhances natural killer cell activity<br>Enhances T-cell responses (helper and cytotoxic T-cell responses)<br>Elevation of antibody response |

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